

**Amendments to the Specification:**

**Please replace the paragraph on page 9, line 16 with the following amended paragraph:**

An expanded view of the outer member 16 is illustrated in FIG.3 Referring to FIG. 3, the outer member 16 includes a first opening 17 and a second opening 19. The second opening 19 may generally comprise an outer end face 21 at the end of the outer member 16. A restriction 18 is provided in order to provide an inner diameter that is smaller than the inner diameter of other portions of the member. Preferably, the restriction 18 is near second opening 19 as illustrated in FIG. 3, although restriction 18 may in fact be located anywhere along the outer member 16.

**Please replace the paragraph on page 11, line 4, with the following amended paragraph:**

FIG. 2 illustrates that inner member 12 is also preferably equipped with one or more receptacles 24 and 26 or other locking means so that restricting devices can be attached to the inner member in order to lock the inner member into one or more positions. For example, FIG. 2 illustrates receptacles 24 and 26 as being holes through which a pin may be passed. The diameter of the pin is preferably slightly larger than the diameter of the hole so that the pin requires some amount of force to be inserted into the hole and does not fall out of the hole without force being applied. When inner member 12 is passed through outer member 16, pins may then be inserted into the receptacles 24 and/or 26 to prevent the handle from extending or retracting past the position of the pin, for example, by abutting a surface of the outer end face 21 generally against the pin.

Optionally, outer member 16 may be equipped with a sleeve or collar 34 such as is illustrated in FIG. 4. Sleeve 34 includes one or more notches or grooves 30 and 32 designed to receive the pins and hold the inner member and outer member in place relative to each other without expansion or retraction during operation of the handle. Other locking mechanisms, such as grooves or notches instead of receptacles, or entirely different devices such as latches, hooks, or clips, may also be used to restrict extension and/or retraction of the handle.